

Recovery Group for Nurses

This recovery-focused group is designed specifically for nursing professionals experiencing substance use challenges. Group therapy provides a structured, confidential, and supportive environment where participants can share experiences, build coping strategies, and strengthen recovery.

The group emphasizes peer support, accountability, and skill development tailored to the unique stressors and professional expectations within nursing practice. Participation aims to support both personal recovery and safe professional functioning.

**SELF REFERRALS
WELCOME!**



 **Thursdays, 5–6 PM**

 **Starting 06/25/26**

 **Virtual (Zoom)**

Questions?

Contact Dalia Hocine, LMSW:

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