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"I am so grateful that I had the opportunity to complete the addiction medicine fellowship. Even with my addiction medicine experience during psychiatry residency, I felt like there was more to learn. During fellowship, I had so many opportunities for growth and gained confidence in handling more complicated cases including high dose buprenorphine initiations. I loved working with our team and our shared goals for harm reduction."

- Carolyn Wong, MD

2024 Program Graduate

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Overview

The Addiction Medicine Fellowship (AMF) at the University of Iowa (UI) Carver College of Medicine is an ACGME-accredited, one-year fellowship. The fellowship provides postgraduate subspecialty training in addiction medicine to physicians who have completed training in one of eight specialties (psychiatry, family medicine, internal medicine, emergency medicine, pediatrics, obstetrics/gynecology, anesthesia, or preventive medicine).

Fellows develop expertise in the management of acute and chronic addictive disorders across the lifespan, including detoxification, medication for addiction treatment, motivational enhancement therapy, management of co-occurring medical and psychiatric conditions, harm reduction, and principles of counseling to optimize sustained recovery.

Goals and Objectives

The UI AMF is a one-year training program. Fellows receive comprehensive training in addiction medicine. Our fellowship training includes:

- Rotating in inpatient and outpatient settings
- Treating patients during acute and chronic stages of addiction
- Managing addiction in patients with co-occurring medical and/or psychiatric conditions
- Providing continuity care to a population of patients with addictive disorders
- Delivering addiction care via telemedicine
- Caring for a population that includes youth, pregnant women, adults, and senior citizens
- Experience in community-based settings and working with underserved and rural populations
- Developing skills to provide preventive services
- Practicing in a continuity addiction clinic for 1 year
- Conducting a scholarly project

UNIVERSITY OF IOWA HEALTH CARE
DEPARTMENT OF PSYCHIATRY

ADDICTION AND RECOVERY COLLABORATIVE



Addiction Medicine Fellowship

Our goal is to meet the increasing demand for behavioral health care services in underserved communities by training health professionals to provide high quality integrated mental health and substance use disorder treatment.

Curriculum

The curriculum consists of 13 consecutive 4-week blocks. These include:

- 4 blocks on inpatient rotations:
 - Psychiatry/Addiction Consults at the Veterans Affairs (VA) Hospital
 - Addiction Consults at the University of Iowa Hospitals and Clinics (UIHC)
 - Emergency Room/Toxicology/Crisis Stabilization at UIHC
- 6 blocks on a longitudinal outpatient clinic rotation, including:
 - Addictive Disorders Clinic at the VA Coralville Clinic (ICVAHCS)
 - MAT Mobile Clinic
 - MAT Walk-In Clinic - Scott Blvd., Iowa City
 - Community-based Experiences
 - Area Substance Abuse Council in Cedar Rapids
 - Abbe Center for Community Mental Health
- 3 blocks on elective rotations, such as:
 - Iowa Department of Corrections facilities
 - UIHC Specialty Areas
 - Pain Clinic
 - Infectious Diseases
 - Med Psych Unit
 - Palliative Medicine
 - Other area(s) of interest

Weekly didactics (4 hours/week) cover the breadth of addiction medicine topics. Topics are presented by faculty with a wide range of expertise in addiction clinical care, research, and policy. Fellows, faculty residents, substance use disorder (SUD) counselors/social workers, and students participate in didactics, in-person and/or via videoconferencing.

Lecture Series

The University of Iowa Addiction and Recovery Collaborative (UI ARC) hosts the Addiction Medicine Lecture Series, which is two hours/week of didactics covering a wide variety of addiction medicine topics spanning clinical care, research, and policy. Faculty physicians, residents, fellows, medical students, nurses, nurse practitioners, social workers, physician assistants, psychologists, and other staff participate in didactics via in-person attendance and/or video conferencing.

Professional Development

Trainees will have membership and access to two hours of didactics each week through the American College of Academic Addiction Medicine (ACAAM). Trainees will have the opportunity to attend a national addiction medicine conference and a regional or state conference.

Eligibility Requirements

Candidates must have completed training in their primary specialty prior to beginning the fellowship, and must be able to work in the United States. We are particularly interested in recruiting candidates who have an interest in working with underserved populations, in rural communities, or who are part of a group that is under-represented in medicine.

How to Apply

Applications are submitted through **ERAS** (**E**lectronic **R**esidency **A**pplication **S**ystem).

Candidate recruitment timeline:

- July - Submit Applications
- July through August - Applications reviewed, interview invitations sent
- NRMP Match opens
- December – Match Day

Leadership

Alison Lynch, MD, MS
Program Director



Medical School:
University of Iowa Carver College of Medicine

Residency:
University of Iowa Carver College of Medicine

Primary Specialty:
Psychiatry, Family Medicine

Practice Location:
UI Health Care

Nicole Woodson-DeFauw, MD
Assistant Program Director



Medical School:
Meharry Medical College School of Medicine, Nashville, Tennessee

Residency:
Family Medicine-Psychiatry, University of Iowa Healthcare, Iowa City, IA

Primary Specialty:
Psychiatry, Addiction Medicine

Practice Location:
UI Scott Boulevard



Amanda Eleazar
Program Coordinator

To learn more about UI Addiction & Recovery Collaborative (UI ARC), visit our website:
<https://uiarc.uiowa.edu>.