

OPIOID OVERDOSE & NALOXONE RESOURCES

Millions of Americans have substance use disorders; more than 40% of U.S. adults have lost at least one person in their life to a drug overdose.

Confidential and anonymous resources are available for persons seeking treatment for mental health and substance use disorders. Access the resources below to learn about treatment options, paying for treatment, understanding mental health and addiction, or simply to find someone to talk to.

SAMHSA National Resources

<https://findtreatment.gov>

1-800-662-HELP (4357)

Your Life Iowa Statewide Resource

855-581-8111

FREE Naloxone (Narcan®) in Iowa

The Iowa Department of Health and Human Services offers free naloxone nasal spray in Iowa for:

- Individuals in communities across the state
- On-site use at organizations, schools, and businesses
- Law enforcement and non-EMS fire personnel
- Distribution of naloxone by local organizations to community members

319-678-7825

<https://www.naloxoneiowa.org/directory>

Questions? Contact UI ARC at:

319-335-6980

UIARC-Outreach@uiowa.edu

<https://uiarc.uiowa.edu>



Resources



IOWA
HEALTH CARE

Changing Medicine.
Changing Lives.®

Naloxone (Narcan®) Saves Lives

University of Iowa Addiction & Recovery Collaborative (UI ARC)

Naloxone is a medicine that can reverse an overdose from opioids. A bystander gives naloxone to someone having a medical emergency.

Naloxone:

- Is very safe
- Is easy to administer
- Is not addictive
- Is legal for anyone to carry
- Only reverses overdoses caused by opioids
- Won't harm someone if they're not experiencing an opioid overdose

Examples of Prescription and Unapproved Opioids

Generic Name	Brand or Common Name(s)
Codeine	Tylenol #3
Fentanyl	Duragesic
Carfentanil	Wildnil (veterinary medication)
Heroin	Dope, Tranq
Hydrocodone	Lortab, Norco, Vicodin
Hydromorphone	Dilaudid
Kratom	
Methadone	Dolophine, Methadose
Morphine	Duramorph, Kadian, MS Contin
Oxycodone	Oxycontin, Percocet, Roxicet, Roxicodone
Oxymorphone	Opana
Tianeptine	ZaZa, ZaZa Red, Neptune's Elixir
Tramadol	Ultram, Ultracet

**This is not a complete list of opioids.*

If you would like more information, you can reach us by phone or email:



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