

Locations and Contact Information

UI Health Care Behavioral Health Clinic

200 Hawkins Drive
John Pappajohn Pavilion (JPP), Level 1,
near Elevator I
Iowa City, IA 52242
Phone: 319-335-6980

UI Health Care Scott Boulevard Clinic

Walk-In Hours:
Wednesdays 1:00 PM - 4:30 PM
3640 Middlebury Road
Iowa City, IA 52245

Email: uiarc@healthcare.uiowa.edu

<https://uiarc.uiowa.edu/>



UI ADDICTION & RECOVERY COLLABORATIVE (UI ARC)

We provide a full range of services for adults who are seeking care and treatment for a substance use disorder to support their recovery.

About Us

Our integrated, multi-disciplinary team of physicians, nurses, counselors, social workers, occupational therapists, recreational therapists and case managers are dedicated to providing you the best service and support on your recovery journey. We will help create a treatment plan that is individualized to your experience and needs.

Medications may be an option for your recovery plan and are often combined with counseling and behavioral therapies. Our programs combine professional care and self-help approaches with an emphasis on harm reduction, relapse prevention, and health promotion.

Payment Options

We accept Iowa Medicaid, Medicare and most major health insurance plans. If you do not have insurance, our Case Managers can help you identify payment options.

Our Services

Medications for Addiction Treatment (MAT) Clinic

Medications for addiction treatment are available and are used along with other therapies, depending on what works best for you. Some of the medications prescribed include buprenorphine (Suboxone®), naltrexone (Vivitrol®), acamprosate (Campral®), varenicline (Chantix®) and naloxone (Narcan®).

Intensive Outpatient Program (IOP) Individuals with substance use disorders have the option of receiving outpatient treatment three evenings a week from 4:00 pm to 7:00 pm through our Intensive Outpatient Program. This program aggressively addresses substance use disorders while allowing individuals to maintain a job and live at home. Treatment plans are individualized and involve some combination of individual, group, and family therapy.

Services continued...

Extended Outpatient Program (EOP)

The Extended Outpatient Program provides therapy options (individual, group, family, pharmacotherapy) for individuals with substance use disorders that focus on recovery goals, relapse prevention, and coping skills. Individuals learn about the physical, psychological, and spiritual aspects of addictive behaviors.

Evaluations

UI ARC offers comprehensive evaluations, including OWI evaluations, for adults and adolescents.

Partial Hospital – Dual Diagnosis Track

The Dual Diagnosis Track in the Partial Hospital Program provides care to individuals who have a co-occurring mental health condition and addiction. Individuals participate in structured therapy programs during the day and spend nights at home. Our professional staff develop an individualized treatment plan that includes group and individual counseling and medication management. Services are designed to help individuals readjust to community life and/or move into less structured outpatient programs. The program meets five days a week from 9:00 am to 3:00 pm.

Professional Programs

The Professional Program is designed to meet the special needs of professionals with substance use disorders. Services include individual and group therapy, urinalysis testing (UA), and assistance managing various professional licensing board requirements.

For more information or to schedule an OWI evaluation, please call (319) 384-8765.